



8:15 AM

 Blended Worship service (extended care 8:15 only)

9:30 AM

Sunday School

11:00 AM

- Worship Service
 - Contemporary (Worship Center)
 - Traditional (Chapel)
 - Family (Fellowship Hall)

Today's flowers are given by Fred and Angela Nobles in honor of all men and women in our armed services and our first responders.











Speaker: Dr. Darin Wood

Sermon Series: Trusting God in Babylon

Sermon Title: Gratitude - The Great Stress Buster! Philippians 4:4-7

Stress busting begins with choosing joy! – 4:4

Praise takes my attention off of myself and my problems

What can I find to praise Him for?

- His Word!
- His miracles!
- His love for me!
- His forgiveness!
- His sustaining power!

II. STOP HUGGING PORCUPINES! - 4:6a

Anxiety drains the lifeblood from our souls.

III. Find your peace in Gratitude - 4:6b but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

RIGHT PRAYING

- 1. Prayers from the heart, not the mouth.
- 2. Pray asking for God's help and direction
- 3. Pray with thanksgiving IN all circumstances, not FOR all circumstance

IV. God's Peace anchors my soul - 4:7

Who God REALLY is:

- All power
- 2. All authority
- All strength
- All wisdom
- 5 All love

Peace stands guard against all stress.

Are you a 1st time guest? Text *Welcome* to: 432-315-0092

Want to visit with a church minister? Text *Jesus* to: 432-315-0092

GENERAL CONTACT INFORMATION:

www.fbc-midland.org

Main Phone - 432.683.0600 General Email - receptionist@fbc-midland.org
Prayer Line - 432.683.0683